

Serenity on the Sound SAA/COSA Retreat
August 22nd-25th, 2019
Workshop Proposal Form

This year's theme: "Pearls of Wisdom"

If your workshop is for a different year, just enter the year here _____

This retreat is put on by and for the participants. Please consider proposing or leading a workshop.

*Your first name and last initial: _____

*Home Group: _____ *Program (SAA/COSA/Other): _____

*Phone(s): _____ OK to leave message? _____

*Email address: _____

**All information on this form is confidential, for the program committee only.*

Proposed title of workshop or panel: _____

Please describe your subject and how the workshop will benefit the participants' recovery.
Examples: 12 Steps, tools of the program, Sponsorship, Boundaries and Service.

Preferred length: <input type="checkbox"/> 1 hr <input type="checkbox"/> 1½ hr <input type="checkbox"/> 2 hr	Preferred date & time: <input type="checkbox"/> Friday morning <input type="checkbox"/> Saturday morning <input type="checkbox"/> Friday afternoon <input type="checkbox"/> Saturday afternoon
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Provide a description of your workshop, as you would like it to appear in the program:

Would you prefer your workshop / panel is:

- Closed (SAA or COSA members only, please indicate which program) _____
- Open (for all attendees of the retreat)
- Specific group (gender, orientation, newcomer focus, etc.) define: _____

Please mail your completed proposal before July 25th 2019 (the earlier the better)

Puget Sound Retreat Committee
PO Box 2712
ISSAQUAH, WA 98027

We will confirm receipt of your proposal by email (preferably) or by phone. We may also contact you for questions regarding your proposal

For questions/suggestions contact: "program chair" at serenity.on.the.sound@gmail.com